

Lunch with Nurse Steve:



"What's an aneurysm?"

Thursday, July 13, Noon

Today we celebrate the women in our lives who have
"mothered" us over the years.

Nurse Steve's talk will be "a discussion on causes,
symptoms, and treatment of aneurysms"

Sign-up by Thursday, July 6

\$4.68 (Regular meal cost)

Menu: Baked Ham, Peas & Carrots, Sweet Potatoes, Fruit, Dessert



Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

301-600-7020 • Like us on Facebook: [Urbana Senior Center - Frederick County, MD](https://www.facebook.com/UrbanaSeniorCenter-FrederickCountyMD)
UrbanaSeniorCenter@FrederickCountyMD.gov • www.FrederickCountyMD.gov/aging